



THE GARDEN SPA
SPA TREATMENT MENU
MASSAGES

Elemis Deep Tissue Back Massage

Minimum time, maximum tension-relieving results. Specifically targeting the back, shoulders and neck areas, where you need it most.

30 minutes £60

Elemis Deep Tissue Full Body Massage

Alleviate stress, ease aching muscles and revive the senses with this powerful, deep tissue full body massage. Dynamic blends of Essential Oils are prescribed to target individual needs and reduce specific stress and muscle tension.

60 minutes £92

Tension Melt Massage

Melt away with this relaxing massage to the neck, back and shoulders, using a rich grapeseed oil to sooth and ease away tension. Offering light to medium pressure, this is just what you need to melt the stress away!

30 minutes £55

Indian Head Massage

Relaxing massage techniques are applied to the upper back, neck, shoulders, face & scalp. This treatment stimulates circulation, combats stress, fatigue and tension, improves the condition of the scalp and hair leaving you feeling deeply relaxed.

45 minutes £72

Relaxing Body Massage

Offering light to medium pressure, this relaxing full body massage concentrates on your back, neck, shoulders, arms, hands, legs and feet and is the ultimate full hour relaxing experience.

60 minutes £82



BARTON HALL HOTEL & SPA

Treatment Times:

Wednesday to Saturday, 10.00am until 7.00pm

spa@bartonhall.com

01536 515505

www.bartonhall.com

ELEMIS FACIALS

Elemis Pro-Glow Taster Facial

This introductory facial provides a quick and instant pick me up for any occasion.

30 minutes £55

Elemis Pro-Glow Brilliance Facial

Turn up the brightness with our triple cleanse, melting away make-up, daily pollutants and grime. Gentle resurfacing dissolves away dead skin cells to reveal healthy and clearer looking skin.

60 minutes £89

Elemis Pro-Glow Smooth Facial

The HIIT workout for your skin. Powerful resurfacing technology lifts away dead skin cells to smooth, renew and define, whilst improving the appearance of skin tone and luminosity.

60 minutes £89

Absolute Spa Ritual

Two hours of pure relaxation with dramatic results!

An Elemis facial combined with the powerful effects of a deep tissue muscle massage.

120 minutes £150

All treatments are carried out subject to completion of a medical consultation, which you will be required to complete on arrival. Full payment is taken at the time of booking. We require at least 48 hours notice of cancellations, as failure to do so will incur a 50% charge. Please arrive at the Spa 15 minutes prior to your appointment time. Should you arrive late, your appointment will still end at your appointed time. The minimum age is 17. Please be aware that none of these treatments are suitable during the first trimester of pregnancy.

